

# VAPING AND MARIJUANA TRENDS AMONG YOUTH



**Audience: School, child-serving, and healthcare professionals working with middle and high school youth**

**Number of Modules: Five**

**Estimated Completion Time: 45 minutes**

## Course Description

As a school, child-serving, or healthcare professional, you have the ability to impact the youth you serve and help them avoid substance use. To be effective in your efforts, you first need to understand the pressures and motives behind their decision to begin using. This program will help you understand the whys of use, employ proven prevention tactics, identify those already using through observable behaviors, and recognize marijuana and vaping trends and devices.

### After completing the course, school, child-serving, and healthcare professionals will be able to:

- Identify nicotine and marijuana vaping devices, their components, and appeal to youth
- Describe the negative impact of nicotine and marijuana on the developing brain and body
- Recognize strategies for building assets in youth that will minimize risk factors and boost protective factors

## Caron's Digital Learning Program

Our Digital Learning Program is a comprehensive library of courses centered on substance use disorder prevention, intervention, treatment, and recovery. Through the Digital Learning Program, participants can:

- Complete programs at their location, eliminating the need to travel
- Finish the programs at a time and pace that works best for them
- Get the resources they need at no cost
- Obtain knowledge and skills that will increase their confidence and competence in addressing a variety of topics surrounding the continuum of substance use from prevention to recovery

Please visit [Caron.org/Trends](https://Caron.org/Trends) and select **Take the Course** to register.

**New users** – To access any of the courses in the library, please use the “Sign-Up” link to provide an email and set a password. Please list “Communities in Schools” as your referring organization.

**Questions?** Please contact Caron's Education Department at 610-743-6117.

# Caron's Digital Learning

With over 60 years of successfully treating addiction and behavioral health issues, Caron understands that prevention and early intervention are key to addressing problematic substance use among youth. Working with over 900 schools and child-serving organizations each year, we are well known for the quality of our education and prevention programs. We are excited to now offer a digital learning program allowing those unable to access our in-person programs to also benefit from our quality programming.

## Course Structure and Offerings

Courses are designed to be interactive to engage participants and enhance their ability to learn and retain knowledge. Depending on the topic and the goal, courses may include video, animation, audio narration, and text as well as interactive tools like pop-up screens and drag-and-drop questions.

Learners can expect to complete knowledge checks after each topic to ensure understanding of the material and receive a certificate upon completion for each course.

## Caron's Education Department Mission:

To provide comprehensive substance use education and supportive services along the full continuum of care, from prevention to recovery, for students, families, and professionals, using evidence-informed and innovative strategies.

## Course Offerings

### For Teens

CONNECT 5: Find the NicoTEEN-Free You!

### For Parents and Caregivers

PREP: Prevention Resources & Education for Parents/ Caregivers

### For Professionals

Vaping and Marijuana Trends Among Youth

Caron's Screening, Brief Intervention, and Referral to Treatment

Impact of Substance Use Disorders on the Family: Hope for Recovery

