



BIG BROTHERS BIG SISTERS OF AMERICA  
IS PROUD TO OFFER  
CARON'S DIGITAL LEARNING PROGRAM;  
A LIBRARY OF DIGITAL PROGRAMS ADDRESSING  
SUBSTANCE USE AND PREVENTION AMONG TEENS.

# IMPACT OF SUBSTANCE USE DISORDERS ON THE FAMILY: HOPE FOR RECOVERY



**Audience: School, child-serving, and healthcare professionals working with families impacted by addiction**

**Number of Modules: Five**

**Estimated Completion Time: 45 minutes**

## Course Description

The National Institute on Drug Abuse estimates that 25 percent of American kids grow up in households where substance abuse is present. Without strong support, these children and teens are at an increased risk for the development of their own behavioral health disorders. This course will increase an understanding of how family members are impacted when addiction is present in their lives and how professionals can provide understanding, support and resources to the children, teens, and families they serve.

### After completing the course, participants will be able to:

- Describe the characteristics of the typical family dealing with substance use disorder based on statistics
- Recognize observable signs that might indicate a child is impacted by the substance use disorder of a loved one
- Explain the impact substance use disorders have on the family: relationally, financially, emotionally, physically, and spiritually
- Identify their own attitudes and values when working with parents who may have a substance use disorder
- Access and use resources and tools to help support children impacted by substance use disorders in the family

## Caron's Digital Learning Program

Our Digital Learning Program is a comprehensive library of courses centered on substance use disorder prevention, intervention, treatment, and recovery. Through the Digital Learning Program, participants can:

- Complete programs at their location, eliminating the need to travel
- Finish the programs at a time and pace that works best for them
- Get the resources they need at no cost
- Obtain knowledge and skills that will increase their confidence and competence in addressing a variety of topics surrounding the continuum of substance use from prevention to recovery

**Visit [Caron.org/Digital-Learning](https://www.caron.org/Digital-Learning) or contact Caron's Education Department at 610-743-6117 for more information about course offerings.**