Caron Treatment Centers has been a leader in addiction and behavioral health treatment for over 60 years. Since we first began providing prevention and education services in 1990 as part of our continuum of care, our efforts have expanded to serve over 100,000 students yearly with programming in 18 states.

Because not everyone is able to access our on-site programming, we created the Digital Learning platform. In addition to reaching larger audiences, the new platform eliminates travel costs and time, and can be completed at each participant’s own pace.

**CARON’S DIGITAL LEARNING:**
**FREQUENTLY ASKED QUESTIONS**

Who is the intended audience for the courses?
Programs are available for teens, parents/caregivers, and child-serving professionals. This includes school staff, administrators, school nurses, pediatricians, counselors, etc.

What courses are available?
The library includes:
- **For Teens**
  - CONNECT 5: Find the NicoTEEN-Free You!
- **For Parents/Caregivers**
  - PREP: Prevention Resources & Education for Parents/Caregivers
- **For Professionals**
  - Vaping and Marijuana Trends Among Youth
  - Screening, Brief Intervention, and Referral to Treatment
  - Impact of Substance Use Disorders on the Family

Additional course topics are being planned.

What is the cost per program?
Because of a generous grant, we are able to offer these programs at no charge.

How long will each course take to complete, and can it be done over a few sessions?
Each course has a different estimated completion time. The courses are designed to be completed at each participant’s own pace, usually in one hour or less, but can be completed over multiple sessions. The nicotine cessation program for youth is structured as a weekly program for five weeks.

What are the expected outcomes?
Each program has a clearly defined set of outcomes/goals. Please visit Caron.org/Digital-Learning for a complete list of each course and the learning objectives.

Can the courses be taken on any type of computer or mobile device? Is an internet connection necessary?
All courses are compatible with personal computers as well as mobile devices. Most courses are accessed through an internet browser, but CONNECT 5 is also available on Apple Store and Google Play. An internet connection is necessary for the courses to function.
Caron’s Digital Learning

Can I print copies of the program descriptions? Can I add your program to our website?

We have built a complete Digital Learning Information Kit to provide you and your team with a comprehensive overview of the digital learning program along with other valuable resources. This kit includes links to downloadable/printable information sheets. We invite you to add a link to our kit (www.Caron.org/Digital-Learning-Information-Kit) to your website and employee newsletters.

Do you have speakers/representatives who can come to our next event?

Please contact our Education Department at 610-743-6117 to discuss your event, location, and goals.

I have a suggestion/specific need for a future course. Who should I speak to about my idea?

Please contact our Education Department at 610-743-6117 to discuss your ideas, suggestions for improving our program, and any other questions you may have.

Caron’s Digital Learning Program

Estimated Completion Time: 60 minutes
Number of Modules: Three

TREATMENT AND REFERRAL TO TREATMENT

- Identify appropriate school-based and community resources if parents or caregivers suspect that their child is using alcohol or other substances.
- Utilize motivational interviewing techniques to move people to make a change in their substance use.
- Describe the efficacy of SBIRT as a strategy in addressing substance use disorders.
- Define each step of Screening, Brief Intervention, and Referral to Treatment.
- Identify the different types of substances, their appearance, appeal, and common trends.
- Understand the pressures and motives behind their decision to use substances.
- To be effective in your efforts, you first need to determine the specific needs of the person you are working with and develop a plan of action.

Caron’s Digital Learning Program

Estimated Completion Time: 55 minutes
Number of Modules: Five

MARIJUANA, NICOTINE, AND SUBSTANCE USE AMONG TEENS

- Describe the negative impact of nicotine and marijuana on the body and mind.
- Identify nicotine and marijuana vaping devices, their vaping trends and devices.
- Understand the pressures and motives behind their decision to use substances.
- Get the resources they need at no cost.
- Complete programs at their location, eliminating the need to travel.

Caron’s Digital Learning Program

Estimated Completion Time: 30-60 minutes per weekly module
Number of Modules: Six

SYNDROME OF THINGS:

- List additional resources for the prevention of youth substance use.
- Obtain knowledge and skills that will increase their confidence and competence in addressing a variety of topics surrounding the continuum of substance use from prevention to recovery.
- Recognize personal roadblocks throughout the quitting process.
- Practice assertiveness and refusal skills in social situations.
- Achieve recovery in their lives and how professionals can provide understanding, support, and care.
- Identify the different types of substances, their appearance, appeal, and common trends.
- Get the resources they need at no cost.
- Complete programs at their location, eliminating the need to travel.

Caron’s Digital Learning Program

Estimated Completion Time: 45 minutes
Number of Modules: Three

NICOTINE-FREE: FIND THE NICOTINE-FREE YOU!

- Recognize personal roadblocks throughout the quitting process.
- Practice assertiveness and refusal skills in social situations.
- Achieve recovery in their lives and how professionals can provide understanding, support, and care.
- Identify the different types of substances, their appearance, appeal, and common trends.
- Get the resources they need at no cost.
- Complete programs at their location, eliminating the need to travel.

Caron’s Digital Learning Program

Estimated Completion Time: 60 minutes
Number of Modules: Six

PREP: PREVENTION, RESOURCES & EDUCATION FOR PARENTS/CAREGIVERS

- Get the resources they need at no cost.
- Complete programs at their location, eliminating the need to travel.

Caron’s Digital Learning Program

Estimated Completion Time: 45 minutes
Number of Modules: Three

IMPACT OF SUBSTANCE USE ON THE FAMILY: HOPE FOR RECOVERY

- Identify the different types of substances, their appearance, appeal, and common trends.
- Get the resources they need at no cost.
- Complete programs at their location, eliminating the need to travel.

Caron’s Digital Learning Program

Estimated Completion Time: 30-60 minutes per weekly module
Number of Modules: Six

DIGITAL LEARNING PROGRAM

DIGITAL LEARNING INFORMATION KIT FOR PROFESSIONALS

Visit Caron.org/Digital-Learning or contact Caron’s Education Department at 610-743-6117 for more information about course offerings.