



Rise Up *and* **Shine**



10th Annual Conference
September 30, 2019
Williamsburg, VA

KEYNOTE SPEAKER

Chic Thompson

Founder and CEO WagiLabs, Author,
and Public Speaker



Chic's passion is inspiring executives, MBA students, and children to be "curious first... critical second" while creative problem-solving. Chic is a Batten Fellow of Entrepreneurship at the University of Virginia's Darden Business School and adjunct faculty at the Brookings Institution and the Young Presidents' Organization. Harvard Business School released a case study on the teaching career of Chic entitled "What a Great Idea!". Chic worked in new product development for: W.L. Gore and Associates (Gore-Tex®), Johnson & Johnson and Walt Disney. His latest creative adventure is founding "WagiLabs." A global, social innovation incubator for kids' ideas.

About Chic's Keynote:

What a Great Idea! How to Create, Communicate and Implement Big Ideas

Go on an interactive journey through the steps of strategic curiosity that fosters a mindset of innovation.

1. *Being Curious First... Critical Second*

When you see or hear a new idea, be "curious first" to explore the possibilities. Be "critical second" to calculate the probabilities.

2. *Looking for Second and Third "Right" Answers*

Reframe your challenge and see it from different perspectives to generate fresh new solutions.

3. *The Question is the Answer*

Ask great questions to reveal new ideas.

4. *Thinking in Opposites*

Act on opposite/paradoxical trends and turn obstacles into an opportunity.

5. *DIY Brainstorming*

How to come up with ideas when you are stuck, arms crossed and staring at your computer.

6. *Keeping your Brain Alive*

How to keep your mind sharp so that you can come up with ideas anytime and at any place.

LUNCH PLENARY

Traci Wojciechowski

Regional Director of Education,
Caron Treatment Centers



For over 60 years as a not-for-profit treatment provider, Caron Treatment Centers has transformed the lives of thousands impacted by addiction and mental health disorders through proven, comprehensive and personalized behavioral healthcare solutions.

Traci Wojciechowski has been with Caron since 2002 and as Regional Director of Education, is responsible for ensuring that quality education, prevention and early intervention services are provided to school systems and youth-serving agencies. Her areas of expertise include adolescent substance use trends, support group and prevention program facilitation, curriculum development as well as the delivery of parent and professional trainings. She is also the developer of Caron's teen nicotine cessation program, Project CONNECT® and has written articles, presented at regional and national conferences and provided numerous trainings for school staff and professionals on the topic of substance use.

prevention.twojciechowski@caron.org
508-341-7848

About Traci's Remarks:

Vaping and Youth, Exploring Current Trends and Innovative Approaches to Prevention and Intervention

Watch recent news coverage or examine current trends in substance use among teens and vaping is part of the conversation. This presentation will explore the scope of the concern in youth e-cigarette/vaping use, current research regarding these products, and innovative prevention strategies that are engaging for youth to make a positive change. A new, interactive digital learning experience based on Caron Treatment Center's Project CONNECT® research-based teen nicotine cessation program will be introduced. The digital learning environment overcomes many of the barriers found in traditional instruction by expanding the reach and convenience of the instructional material and allows the learner to work at his/her own pace. The goal of the presentation is to establish an understanding of the current problems related to vaping, and then to provide resources to empower child-serving professionals to make a positive difference in the lives of youth.

General Session Speakers



Blaire is the Executive Director of the Virginia Partnership for Out-of-School Time (VPOST). Blaire works with key partners to develop, lead, coordinate, and drive the network's initiatives. Prior to joining VPOST, Blaire served as a Private Educational Consultant to the Virginia Department of Education monitoring 21st Century Community Learning Center Programs. She has also served as a Title IV Program Director, Cooperative Education Director, Distance Learning Liaison, and Mentorship Coordinator.



Steve is a passionate advocate for effective professional development for afterschool professionals. Steve's perspective comes from experience with his own school age children, and in working with programs nationwide that recognize purposeful professional development as a means to reduce cost, reduce turnover, and provide the highest quality experience for children.



Christine is the Professional Development and Quality Coordinator for the Virginia Partnership for Out-of-School Time (VPOST). She aids out-of-school time sites across Virginia, specializing in web-based supports. Christine came to VPOST after having spent the prior decade in afterschool program management, focusing on at-risk populations, in school and community-based settings.



Meredith is the founder and CEO of WRiTE BRAiN WORLD. Launched in 2014 with a single program, the company has since seeded in almost all 50 states with curricula for learners of all ages. She has presented for thousands of educators nationally. A recognized actor (and producer/writer/director), she understands the value of storytelling and is on a mission to elevate self-esteem and self-expression, the world over.

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Event Schedule

8:00 a.m.	Registration, Coffee Service, Exhibits & Breakfast	Colony DE Foyer
9:00 a.m.	Welcome & Introductions	Colony DE
9:15 a.m.	What a Great Idea! How to Create, Communicate, and Implement Big Ideas, <i>Chic Thompson</i>	Colony DE
10:05 a.m.	RiSE & REMiND!, <i>Meredith Scott Lynn</i>	Colony DE
10:15 a.m.	Break/Transition/Exhibits	Colony DE Foyer
10:25 a.m.	Breakout Workshop Round 1	See page 6
11:35 a.m.	Break/Transition/Exhibits	Colony DE Foyer
11:45 a.m.	Networking Lunch/Exhibits	Colony DE
12:30 p.m.	Lunch Pleary: Vaping and Youth, Exploring Current Trends and Innovative Approaches to Prevention and Intervention, <i>Traci Wojciechowski, Caron Treatment Centers</i>	Colony DE
1:10 p.m.	Breakout Workshop Round 2	See page 6
2:20 p.m.	Break/Transition/Exhibits	Colony DE Foyer
2:30 p.m.	Breakout Workshop Round 3	See page 6
3:40 p.m.	Refreshment Break/Exhibits	Colony DE Foyer
3:55 p.m.	VPOST Online Collaborative Learning Environment, <i>Steve Stookey</i>	Colony DE
4:25 p.m.	Door Prizes	Colony DE
4:30 p.m.	Book Distribution	Colony DE

Workshop Breakouts Rounds



10:25-11:35

Applying "What a Great Idea!" Thinking to your Challenges

Allegheny Rm A

Lights On Afterschool 101: Celebrate 20 years of Lights On Afterschool

Allegheny Rm B

NASA Bridges the Gap!

Allegheny Rm C

Ending Afterschool Hunger (and Hanger!)

Colony Rm A

How to Become a Trauma-Informed Leader

Colony Rm BC



1:10-2:20

How to Successfully Retain & Attract High-Quality Staff

Allegheny Rm A

Rise Up and Shine as a National Geographic Certified Educator

Allegheny Rm B

Mixing Art & Literature: Arts Integration Strategies to Support the Social & Emotional Wellness of the 21st Century Child

Allegheny Rm C

You Don't Think We Have Answers Because you Never ASK!

Colony Rm A

How to Bring the Best Afterschool Experience to Every Child Stress-Free

Colony Rm BC



2:30-3:40

Integrating Service & Volunteering in Out-of-School Time Programs

Allegheny Rm A

Building Resiliency in Children

Allegheny Rm B

Changing the Game for Girls in STEM 2.0: Best Practices for In & Out of School time

Allegheny Rm C

Self-Esteem Cuisine: Why Cooking With Kids Matters

Colony Rm A

Problem-Based Learning Scenarios, Thinking Exercises, & AfterSchool

Colony Rm BC

Workshops Details

Applying "What a Great Idea!" Thinking to your Challenges

WagiLabs

Attendees will use the techniques and strategies from Chic Thompson's keynote address and apply them to challenges identified by the workshop attendees.

Chic Thompson

Chic's passion is inspiring executives, MBA students, and children to be "curious first... critical second" while creative problem-solving. His full bio is available on page 1.

Lights On Afterschool 101: Celebrate 20 Years of Lights On Afterschool Alliance

Chandler Hall

Chandler is the Communications Associate at the Afterschool Alliance. Chandler joined the team in June 2019 and now supports the Alliance's digital media strategy. Chandler graduated from the University of Massachusetts at Amherst with a dual BA in Political Science and Legal Studies. He has been working in education advocacy for the last five years.

This session will provide participants with a step-by-step guide to planning a Lights On Afterschool event - from ideation to execution. Together, participants will look at best practices from previous years on how to engage media, local policymakers, and community members, and will discuss how a Lights On event can be an effective tool for advocating for afterschool and your program.

Workshops Details

Tina R Harte

Tina is Task Lead for NASA Langley Science Directorate Education Team, serving as GLOBE Informal Education Specialist. During 2019, she piloted "NASA Goes to Camp" working with camp directors to incorporate GLOBE explorations. As a former middle school teacher, she understands the value in connecting classrooms with afterschool opportunities.

NASA Bridges the Gap! **NASA Langley Research Center**

During the session, participants will explore a variety of hands-on learning activities designed to bridge the gap between standards based learning in the classroom with out-of-school experiences. The activities are designed to engage students by tapping into their natural curiosity as they make observations, ask questions and investigate to find answers to their questions. Each participant will receive copies of the activities being presented.

Ending Afterschool Hunger (and Hanger!)

No Kid Hungry/Virginia Department of Education, Office of School Nutrition

Out-of-school time isn't just a chance to feed a child's mind, but also an opportunity to feed their bellies. Out-of-school professionals have a unique opportunity to pair high quality programming with another invaluable resource: nutrition. Participants will learn how to successfully implement a no-cost snack/supper program. Hear from fellow professionals to gain lessons learned and best practices.

Sarah Steely

Maggie Parker

Sarah is the Senior Program Manager at No Kid Hungry VA. She liaises with statewide stakeholders, coordinates communications and goals, and develops data-informed engagement strategies to increase access to school nutrition programs. **Maggie** is the Child Nutrition Programs Manager at the Virginia Department of Education, Office of School Nutrition. In her role, she oversees the administration of the Summer Food Service Program and At-Risk portion of the Child and Adult Care Food Program across the Commonwealth.

Workshops Details

How to Become a Trauma-Informed Leader

Stafford County Public Schools

During this presentation we will define childhood trauma; explore how to recognize the signs of students who have or are experiencing trauma; how to respond to students in a positive and protective manner; how trauma impacts students learning and behavior; how we can support our students and staff; and the benefits of leading a trauma-informed school.

Dr. Christopher Pendergraft

Chris is an 18 year veteran of education. He spent 15 years as a Marketing Education teacher and for the past three years has been the assistant principal at a middle school. His Bachelors in Business is from the University of Mary Washington, as is his Masters in Secondary Education. He earned his Doctorate in Educational Leadership from Capella University. Dr. Pendergraft has also taught as an adjunct professor at the University of Mary Washington.

How to Successfully Attract and Retain High-Quality Staff

Katherine Spinney

The past twenty years in youth development has taught Katherine that we need to take care of our staff as much as we do our students. It is her great joy to combine her education, training and experience as a teacher, social worker, supervisor and life coach to support OST professionals in giving our students the very best we have to offer.

Katherine Spinney Coaching LLC

This workshop will provide the opportunity for participants to examine current practices, processes, systems and mindset when it comes to staff hiring and retention. They will also learn some best practices to improve high-quality staff retention.

Workshops Details

Rise Up and Shine as a National Geographic Certified Educator

Ariel Simons

Carmen Ortiz

Ariel is the Manager of Online Learning at National Geographic Society. In this role, she oversees National Geographic's Educator Certification and works with 50+ educator leaders who provide mentorship in this course. Ariel's prior experiences include serving as a middle school STEM teacher, teacher trainer, and afterschool educator. **Carmen** is the Project Manager for Afterschool Education at National Geographic. She coordinates the afterschool initiatives to engage out-of-school time educators and youth. Passionate about education outside of the classroom, her earlier experience includes museum and afterschool education.

National Geographic

Educators will discuss how to include a global and geographic perspective in their programs, reflect on their teaching missions and collaborate to build upon one another's professional learning ideas and knowledge. Participants will design an activity that embodies the attributes of the National Geographic Learning Framework and that of an explorer.

Mixing Art & Literature: Arts Integration Strategies to Support the Social & Emotional Wellness of the 21st Century Child

Arts for Learning

Using literacy and art, attendees will learn key arts integration strategies by analyzing a variety of sources in order to gain an understanding of lyrical composition. By comparing, contrasting, and discussing the characteristics of written pieces (including lyrics by various artists), attendees will use their creative voice to compose lyrics or poetry of their own.

Christopher Mathews

Anna Heywood Green

Chris is 4th grade teacher with Norfolk Public Schools, and a Teaching Artist at Arts for Learning and recipient of their 2019 Educator of the Year award. Chris has also spent 9 years with YMCA programs in South Hampton Roads. Each school year, Chris makes a point to share one of his biggest passions with his students: his music. **Anna** is currently the Chief Operations Officer for Arts for Learning. Coordinating and managing artists, teachers, and staff, Anna has produced arts integrated programming for over 15-years. She continues to be inspired by how the arts fuel self-expression and personal development.

Workshops Details

You Don't Think We Have Answers Because You Never ASK!

Alternatives Inc.

From a student's perspective, "adults never ask what we need or want; they only TELL us what we need." Participants will be actively engaged in youth/adult discussions, collaborative activities and be provided tools to develop youth advocacy relevant to students. Participants will leave with tools to establish a youth leadership team.

Michelle Simpson

Michelle is currently a Youth Development Specialist for Alternatives Inc. She was a founder of Inspiring Minds Youth Development and Childcare Center where she served the City of Hampton for over 20 years. Her work includes serving as former City of Hampton Neighborhood Commissioner for Non-profits and Big Brothers Big Sisters board member. Michelle is the recipient of accolades including the National NUSA Notable Award, A Phi A Fraternity Community Service Award and the Brandon 40 Developmental Assets award.

Special Thanks to these Youth Panelists

Amoni Courtney

Amirah Ward

Gabby Golden

Maya Williams

Nyla Grant

Charis Winder

Ny'Asia Rsheed

Workshops Details

How to Bring the Best Afterschool Experience to Every Child Stress-Free

Scott Hodne

Scott is a Business Development Specialist/Regional Manager for 6crickets where he works with schools and districts to support learning and growth beyond the traditional classroom. As a former middle school teacher, he has a passion for education that extends to the out-of-school-time space and a mission to help bring the best enrichment to every child, no matter their socioeconomic status.

6crickets

After-school programs provide precious learning opportunities that participants often do not have access to during the school day. However, the operations of providing these opportunities can be complicated and resource-intensive. This session will help take that burden away with ideas, solutions, and best management practices for building and sustaining vibrant and equitable programs.

Integrating Service and Volunteering in Out-of-School Time Programs

Community Preservation and Development Corporation

In this presentation, attendees will learn how to introduce the concept of volunteering to youth of any age and how to integrate service into an existing out-of-school time program. In addition, attendees will learn how engaging youth in service can be life-changing for a child, from academic research to real-life examples. Attendees will leave with a plethora of information, including a "how-to" guide for creating a youth volunteer group in their own out-of-school time program.

Ryan Barton

Ryan is the Manager of Volunteer Capacity Building and Leadership Development at CPDC (Community Preservation and Development Corporation), a non-profit affordable housing developer in the Washington, DC, region. Previously, he was the Manager of Community Impact Strategies at Stony Brook in Alexandria, VA.

Workshops Details

Building Resiliency in Children Chidsavers

This workshop will provide educators with the skills needed to implement trauma-informed strategies to increase resiliency in their respective out-of-school programs.

Jackie Burgeson

Koni Garafalo

Jackie, ACSW, is a Child Development Specialist for Trauma-Informed and Resiliency Services at ChildSavers. Jackie has more than 40 years of experience working in all aspects of child welfare which include prevention, training, supervision, education, curriculum development and treatment services. **Koni** serves as a Program Specialist at ChildSavers. She has a M.S in Early Childhood Studies specializing in Teaching Adults. She has experience working with young children as classroom teacher with infants through fifth grade.

Changing the Game for Girls in STEM 2.0: Best Practices for In and Out-of-School Time

Meeta Sharma-Holt

Meeta has created quality systems of out-of-school time programs for over 25 years. She now serves as the Vice President of Programs and Strategic Partnerships at Techbridge Girls. Meeta believes in the power of out-of-school time programs to support youth from underserved communities to reach their best selves. As an immigrant and granddaughter of freedom fighters in India, Meeta is compelled to bring about change for large numbers of girls through high-quality programs and services.

Techbridge Girls

This workshop provides practical strategies for creating girl-friendly STEM environments. In this workshop, participants will discuss biases and gender inequities in STEM and how they may influence facilitation of STEM activities with youth, explore gender and culturally responsive practices that encourage youth from low-income communities to remain interested in STEM and STEM careers, and experience hands-on implementation of these strategies during a STEM lesson.

Workshops Details

Self-Esteem Cuisine: Why Cooking With Kids Matters Arlington County Public Schools, Extended Day Program

Kia Martin

Tameka Martin

Kia is in her 20th year as a Supervisor with the Arlington Public Schools Extended Day Program. Kia couples her enthusiasm of reality TV cooking competitions with her work with youth to successfully implement fun and innovative culinary competitions. As a 2017 APS Connect With Kids Champion, Kia is passionate about empowering students and exposing them to new opportunities. Tameka is a Supervisor with Arlington Public Schools Extended Day Program and currently works at Swanson Middle School. Tameka diligently coaches her staff on engaging students to be curious and creative with culinary activities in her Afterschool Program. Giving all youth the opportunity to "Rise Up and Shine!" is a top priority for Tameka.

This presentation will give attendees a better understanding of the importance and benefits of cooking with children. Additionally, participants will receive practical ideas and tips on how to successfully incorporate fun and innovative culinary activities into out-of-school time programs, for a variety of age groups.

Problem-Based Learning Scenarios, Thinking Exercises, and AfterSchool PBL Project

In this session, we will review the fundamentals of PBL Scenarios and Critical/Creative Thinking Exercises (STEM Challenges, Deductive Reasoning Tasks, etc.), and show how they can be integrated into AfterSchool and Summer Programs. All attendees will receive free strategy guides appropriate for their grade levels so that they can immediately implement these strategies into their program.

Ben Bache

For the past 16 years, Ben has been the owner/manager/content-creator of the PBL Project, spending most of his time tinkering with his website and creating problem-based learning scenarios and critical/creative thinking exercises. Ben lives with his wife and five children in Greenville, South Carolina. Ben's hobbies include... well, with five kids, he plans to get back to "hobbies" sometime in the distant future!



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Technology Support

Technology support and photography provided by Max Bowie and Bev Horner.



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Our book bundles were gerenously donated by The SOHO Center. They will be distributed out of Colony DE at the conclusion of the conference.

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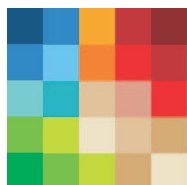


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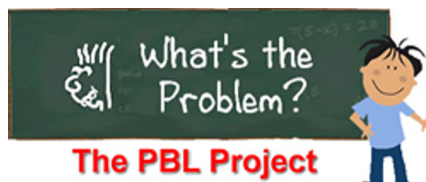
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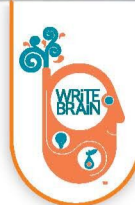
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-Brent Cummings is a 21st CCLC Program Director and a nationally-recognized STEM educator.

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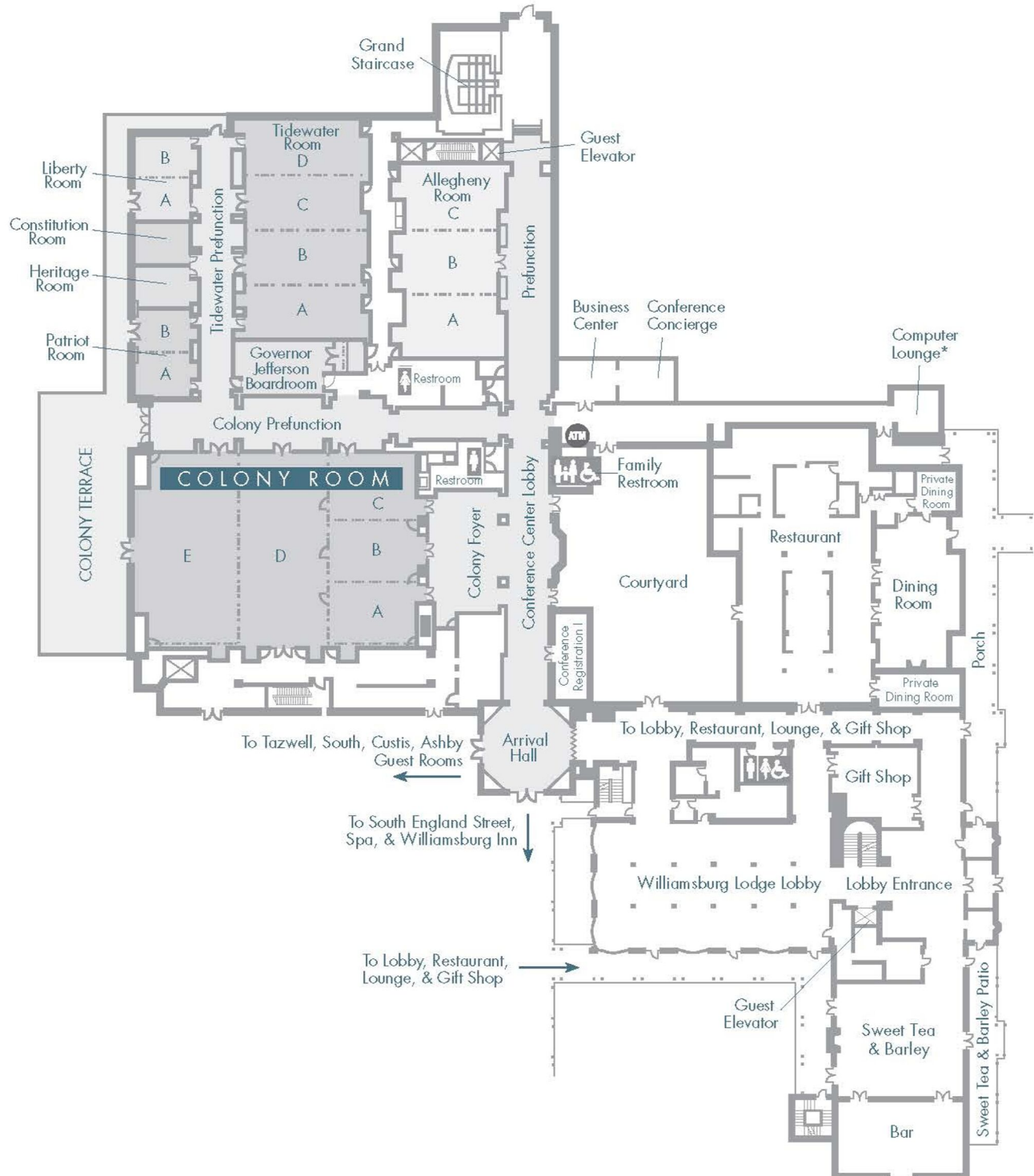
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